



The Acuprolo Process

- Enhancing energy circulation using acupuncture, traditional Chinese medicine (TCM) and osteopathic manual manipulation (OMM)
- Improving structural alignment using osteopathic manual manipulation
- Stabilizing joints & revitalize tissue using cutting edge technology with ultrasound guided regenerative injections of prolotherapy and platelet rich plasma (PRP), Extracorporeal Shockwave Therapy (ESWT), acoustic wave therapy (AWT) and Extracorporeal Magnetic Transduction Therapy (EMTT) to rejuvenate soft tissue, ligaments, tendons, cartilage, and bone
- **Treating nerves** with perineural injection therapy (PIT), ultrasound guided nerve hydrodissection and ESWT/EMTT to eliminate pain and improve function
- Releasing mental/emotional stress and subconscious conditioning that adversely affect the body's function, fluidity and homeostasis using bio-psychosocial techniques and meditation
- Tailoring exercises to maintain physical and emotional balance
- Empowering the healer with skills to optimize their own well being







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Ride the waves of cutting edge technologies, ancient wisdom, and innate intelligence to restore health

## **OUR APPROACH**

Our approach is centered around the individual needs of each client. Our team is dedicated to providing the highest level of care and support utilizing a multimodality treatment plan with minimally invasive techniques to stimulate natural healing.

We are committed to helping each client achieve their optimal health and well-being.

